



## Come join the fun---June 22, 2019

Ride to Johnston Ridge on Mt. St. Helen's and help keep the bicyclists safe

Check out the Website at Tour de Blast

Start between 7-11:00 am ---Last Bike in at 4:00 pm

With a Pasta feed from 11:00-5:00

Ride the route and check on any bicyclist that appears to need help

(Whether physically or mechanically)

Be prepared to help pump up tires

Stay with the rider (DO NOT TRANSPORT)

Radio ahead to transponders and wait until help arrives

Sign-Up by May 20<sup>th</sup> and receive a free T-shirt

(Allows free entry to museum and theatre)

Contact your Chapter CD or call

Ralph Roggenback at 360-749-6253 or Rose or Bruce Hibbs at 360-571-5732

A: The Tek shirts are made out of 100% polyester moisture wicking material. They run true to size. Below are mock-ups of what we are working towards at the moment. We will update when we have the final design and color.

